



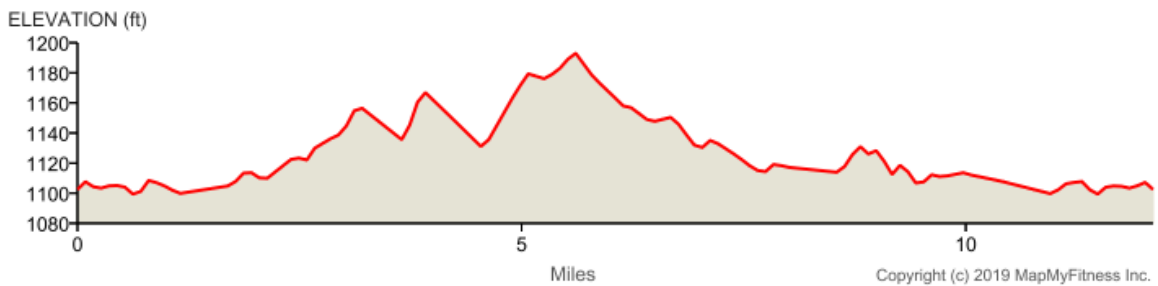
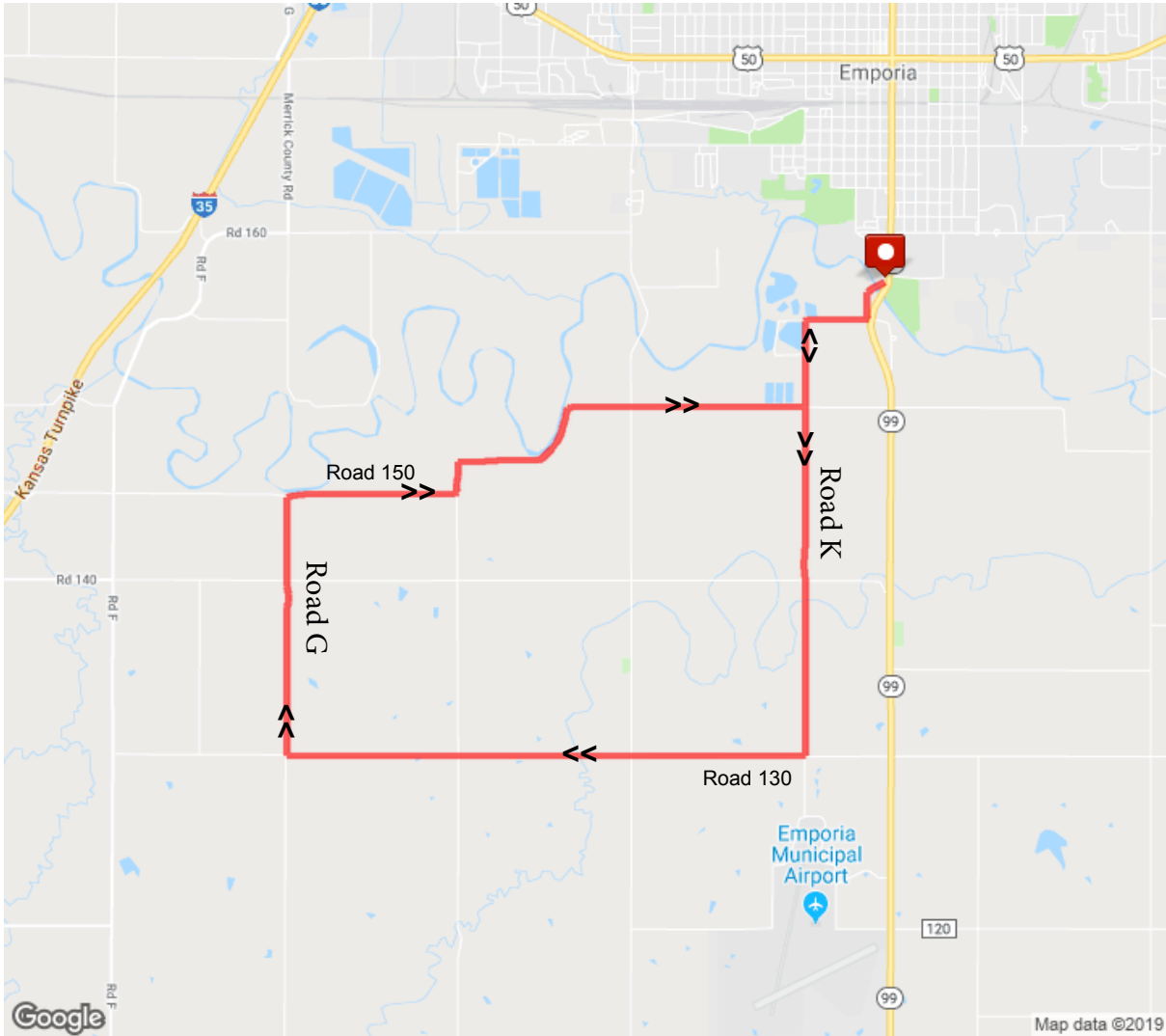
12 Mile Ruck March Final

Distance: 12.11 mi

Elevation Gain: 192 ft

Elevation Max: 1,195 ft

Notes



0.00 mi Head southwest on S Commercial St toward Rd 155

0.27 mi Head west on Rd 155 toward Rd K

0.63 mi	Continue straight onto Rd K
1.13 mi	Head south on Rd K toward Rd 140
3.14 mi	Turn left onto Rd 130
3.14 mi	Head west on Rd 130 toward Rd K
6.13 mi	Head west on Rd 130 toward Rd G
6.13 mi	Turn right onto Rd G Destination will be on the right
7.62 mi	Head north on Rd G toward Rd 145
7.63 mi	Turn right at Rd 145
8.61 mi	Head north on Rd H
8.78 mi	Turn right
8.79 mi	Head east toward Rd 150
9.60 mi	Continue onto Rd 150
9.98 mi	Head east on Rd 150 toward Rd K
10.97 mi	Head north on Rd K toward Rd 155
11.47 mi	Slight right onto Rd 155
11.83 mi	Turn left toward S Commercial St
11.85 mi	Continue onto S Commercial St
12.10 mi	Destination